

10 Relationship Killers

You Should Know About

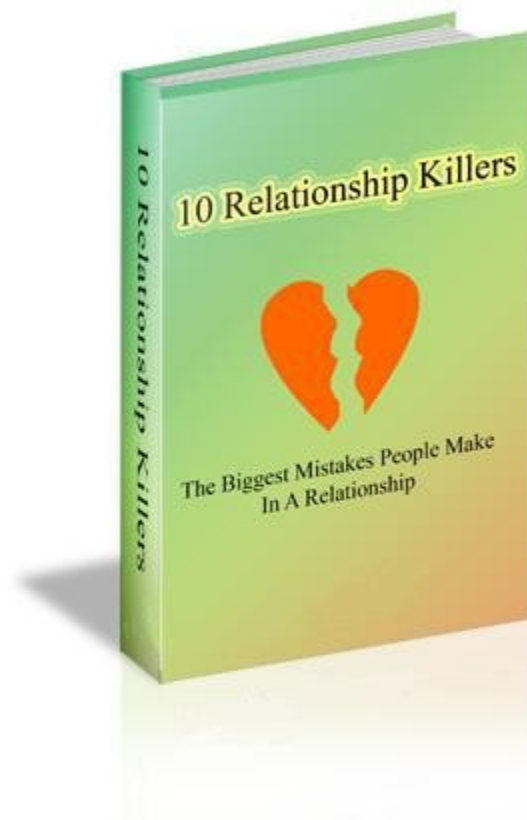


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Introduction

Relationships are a funny thing. They can either work like a charm, or they can totally blow up in your face. And sometimes, we don't even know why in either case.

For example, take the oaf who can't get out of his own way, wears glasses, stutters, is a total geek and yet, has the beautiful girl on his arms who worships the ground he walks on.

Then you have the cool looking guy who was the high school jock, has a great looking car, all the money in the world, and yet, can't get a girl to stay with him for more than a day.

Did you ever wonder why?

Well, in this no holds barred report, I'm going to share with you EXACTLY why people screw up relationships. I am going to reveal the biggest mistakes that people make in relationships and why they go sour...some of these right before the relationship even starts.

Let's get right to it.

Mistake 1 – Wrong Door!

Probably one of the biggest mistakes, in many cases, is you simply chose the wrong door. What do I mean?

Well, let's be honest. Many of us choose our next partner simply because they're the hottest prospect on the dance floor. We see this gorgeous gal or handsome guy standing two feet away from us and our knees buckle and we turn to jelly. We've immediately made up our mind that **this** is the person I have to have.

Bad move!

Believe it or not, there are a lot of sick and twisted people out there who look REALLY good. But the last thing you want to do is get hooked up with a serial killer.

And the ironic thing is, after you begin to talk with this person, you start to see the cracks in the armor. You begin to realize that there is no substance there. But...you still want to get it on with this person so you throw all caution to the wind, knowing full well that it's going to blow up in your face, and you go for it anyway.

Tell me I'm wrong.

Ultimately, what happens is that over time (and sometimes it doesn't take very long at all) is you find out that this person is just ALL wrong for you and the relationship disintegrates into nothing.

This is one of the biggest mistakes that people make. If only they'd think twice before jumping in, they'd make it a lot less often.

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Mistake 2 – You Want What?

I'm totally convinced that this is probably one of the biggest flaws of mankind in general. They expect everybody else to clean up their mess and make **them** happy.

Think about it. You go to work for somebody and you immediately not only expect to be paid all this money, but you expect to have all these days off as well. On top of that, you expect to get all this for very little work on **your** part.

We have a problem at school? No problem. Get mom and dad to go talk to the principal and clean up **your** mess.

I could go on but I think you get my point.

In a relationship, many times, we get into them because there is something missing in our own lives that goes way beyond having a partner. For many, it's a lack of fulfillment in their career. Maybe it's a lousy home life. Point is, we look to a partner to fill the void and make us euphorically happy.

And then reality sets in.

We find out that this person has their own problems and they're not cut out to heal all your wounds 24/7. They need comforting too. And suddenly, you realize that your dream partner is just as screwed up as you are, if not more so, and needs you just as much, if not more so, than you need them.

You end up feeling like you're giving more than you're getting.

Problem is, you had unrealistic expectations going in for you see, the truth is, no person can make another person happy. Happiness comes from within. In fact, you will find more

happiness if you give to that person rather than expect that person to live up to some impossible standards.

But, sadly, most people just don't understand this and continue looking for their knight in shining armor or their princess in the ivory tower.

And when it all comes crashing down in cold, hard reality, it's a bitter pill to swallow as now, we're more unhappy than we were BEFORE we even got into the relationship because NOW, we're disappointed and let down.

And THEN...we start the cycle all over again looking for the person who will pull us out of our current misery.

Unfortunately, it doesn't work that way. So for your next relationship try to think "give" rather than "take".

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Mistake 3 – The Boiling Kettle

Another big relationship killer is building resentments. You've heard the old cliché, "Never go to bed angry." There is so much truth in that. But people still do it.

The question is...why?

Well, the main reason that people go to bed angry or let resentment build is because they're too scared to tell the person that they did indeed do something to tick them off. They're afraid that IF they say something, their partner is going to get all hurt and walk out the front door.

Fear is one of the biggest reasons relationships in general go south. We're afraid of so many things, including happiness. Oh don't think there aren't people who are afraid of being happy. And the reason is simple. If they allow themselves to BE happy, they're afraid it will all be taken away from them by some natural disaster.

In relationships, this fear makes it very difficult to confront a partner. Heck, I used to have this same problem with my wife. If she did something to tick me off, I'd just let it fester because I didn't want to say something to upset her.

Bad move!

Letting these things fester like this only makes things worse. As the days go by, the feelings get worse and worse until one day, when you just can't take it anymore, you let it all out in one HUGE tirade. Have enough of these and you can kiss your relationship goodbye.

When resentments build...it's bad for everybody.

So level with your partner about what's bothering you -
or - just dismiss your resentment as nothing important.
When you do that you would have forgiven your partner.
Yes ! Forgiveness works wonders in your relationship.

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Mistake 4 – The Slap In The Face

When people think of lack of respect, they usually think of just one thing...saying something disrespectful to their partner. But sadly, this is just one aspect of lack of respect.

For example, another way to show a lack of respect for your partner is to ignore their wishes and desires. To give a more specific example, take nightly viewing habits when it comes to the boob tube.

In my home, we have an understanding. My wife and I each have our shows that we want to watch on certain nights. On nights when there are two or more shows, we record the others. We agree on who will watch what show, when.

In too many relationships, the man, or woman, will say, "I am watching this show at this time and if you don't like it, too bad."

That is another way of showing a lack of respect. You're not considering the other person's wants and desires. You're totally dismissing them.

Another way to show a lack of respect is to talk about your partner's shortcomings to others. If you think this isn't going to come back to your partner, think again...it will.

Eventually, if too little respect is shown to the partner, the relationship WILL go sour.

Try thinking of your partner's feelings before you do anything. It just might save the relationship from the scrap heap.

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Mistake 5 – What Again?

You may not think so now, but trust me...after the sex is gone, if there is nothing left...well...there is nothing left.

Too many relationships depend on sex. That's the answer to every problem.

Have a fight? Have sex.

Bills just came and don't have money? Have sex.

It is the cure all for every ill that falls on a relationship.

And even if there ARE no ills, eventually, it gets old. If you rely on sex SOLELY to make your relationship work, it is doomed to failure. I am speaking from experience.

You need to have something more between you than just two bodies bumping in the night. I mean, what are you going to do with the rest of your time?

In most cases, the couple ends up ignoring each other because they really don't have any other interests in common...not that they couldn't have built that kind of relationship. They just didn't because sex seemed to solve everything.

It doesn't...not forever anyway.

Relationships built on sex are destined to fail sooner or later.

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Mistake 6 – You Still Here?

It is natural at the start of a relationship to want to spend a lot of time together. After all, you're at that stage where you are first learning about each other...and there is so much to learn.

But after a while, you begin to learn that there isn't much left to learn and things get a little stale. Where people make their mistake is that when this starts to happen, they cling even more. They think that by spending even more time together, they're going to bring back some kind of spark that is now missing.

What people don't realize is this is a natural part of ANY relationship. You're going to reach a point where you are more comfortable with each other and actually need to have some "me" time. Thank goodness we have jobs to go to or we'd go crazy being around our partner 24/7. In actuality, this isn't healthy as we begin to lose our own identities.

My wife, she goes to school as a school teacher. I work at home. She comes home everyday around 4:30 PM. It's really nice to see her after not seeing her all day. My eyes light up when she walks through the door.

Most people spend way too much time with each other and this is one of the biggest relationship killers of all.

Get a job...get a hobby...do something.

Don't spend every waking moment with your partner.

It's NOT healthy.

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Mistake 7 – You’re Way Too Kind...Really

This may not sound like a mistake, but it is...a big one. It is very common for somebody in a relationship, especially at the beginning of the relationship, to shower the other person with gifts. I know you think you’re showing the other person just how much you love them, but this will ultimately backfire for two reasons.

Reason number 1 is what I call the “numbness effect.” After a while, the person receiving the gifts becomes so used to getting them that they become numb to them. They no longer have the same wonderful effect that they used to have. Eventually, the gift giver sees this in the form of non appreciation. When this happens, the relationship begins to turn sour because the gift giver no longer feels appreciated and becomes resentful.

Reason number 2 is because the gift giver starts to get tired of giving gifts, so they stop. Now, the person who was used to getting all these gifts suddenly feels that THEY’RE not appreciated or loved anymore. That’s when insecurity begins to set in and the problems start. The questions come fast and furious. “Do you still love me?”

It’s a never ending cycle until the relationship falls apart.

It is much better to give a gift once in a while, especially when it’s not expected.

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Mistake 8 – Whatever You Want Dear

Want to kill a relationship REAL fast? Let your partner have their way...all the time.

Let them make all the decisions, all the plans for trips, dinners, vacations, redecorating or whatever. Over time, what's going to happen is that the one partner is going to feel like they're a non entity and just not important in the relationship.

You might think that you're being so giving and loving by allowing your partner to make all the decisions, but you're not...especially not when it comes to the life changing decisions.

For example, you have to make some investment decisions. You say to your partner, "Oh whatever you want dear is fine with me." And then your partner invests in some stock that sends you both to the poor house.

Now you're stuck with a situation where one blames the other for the screw up because THEY made the decision on their own...not realizing that YOU were the one who said it was okay in the first place.

When people make decisions TOGETHER (and that's the key) they can share the blame AND the joy equally. No one person feels that they are either all to blame or not a part of the joy when something goes well.

A relationship is a partnership. Unfortunately, too many people treat it as a one on one. It's not. SHARE your thoughts!

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Mistake 9 – They’re YOUR Relatives

Like it or not, family can KILL relationships. Actually, it’s not so much what family does but how the partner in the relationship handles the family.

For example, your in laws make a comment about the fact that you don’t have a regular job and instead, work from home at your own business. They don’t see that as REAL work.

You agree to let the remark slide, even though it did kind of bother you. But...and this is where things get dicey...your partner decides that maybe your in laws are right...that you should stop this work at home fantasy and go out and get a REAL job.

Suddenly, this part of your life that was fully accepted by your partner, if not fully liked, becomes an issue. The tension begins to build as well as the resentment. The partner is seen as taking sides with the in laws. Now it’s YOU against them.

Do you see where this is going?

Truth is, it is rare that family can say anything that will break up a relationship. What kills the relationship dead is taking the side of the family over the partner as now you end up with a war...and not a pretty one.

It’s not easy to deal with family, but if you can keep them from getting in between the two of you, you’ve got a shot at surviving the fallout.

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Mistake 10 – Skeletons In The Closet

Why do you think, whenever there is a political campaign of any kind, that the opposition tries to dig up any little dirt that they can about the other candidate? It's because they know that dirt works.

Maybe this doesn't apply to everybody (I hope not) but many of us have skeletons in our past. I have mine. And you know what? I told my wife (girl friend at the time) all of them.

I figured if she was going to bail on me for all the bad things I had done, I wanted her to do it BEFORE we got involved and not AFTER. I took a big chance, BUT...my honesty paid off. We've been married happily over 32 years.

Here's what happens when you have skeletons in your closet and your partner finds out after the fact.

For starters, they feel like you've lied to them through an error of omission. They feel betrayed. How could you have not told them about all these things you did?

But that's just the tip of the iceberg. See, when your partner finds out about all these skeletons, especially if they involved things like infidelity, they're immediately going to think, "This is his past? What's up for the future? What can I expect to fall on me next?"

That fear is always going to be there, whereas if you admit to your mistakes right away and assure the person that they are in the past, you have a much better chance of making the relationship work.

Skeletons in the closet will kill a relationship almost instantly.

Some Final Words

Ultimately, what a relationship comes down to is communication. You don't have to like EVERYTHING that your partner does. Nobody is perfect...not you...not me. But if you don't communicate...if you let things fester...it's not good.

Too many people ultimately have unreal expectations when it comes to a relationship. In most cases, because it is the first one they ever had. Think about it...you have nothing to base your expectations on other than the unconditional love that you parents gave you.

You're NOT going to get that in a relationship. There are always conditions when you're talking about a total stranger who you're hoping to make as your mate. After all, why should they choose YOU over somebody else?

There is an old saying, "You can pick your friends but you can't pick your relatives." It is so true...thank goodness. Imagine if you were FORCED to be friends with a certain person. You'd most likely be miserable.

I'd like to think that the reason I've been married for over 32 years (as of this printing) is because I did 2 things.

1. I realized that the other person is human and can't be expected to be perfect or fix all my problems.
2. I tried to always think of the other person's feelings while at the same time not totally ignoring my own.

These two principles have managed to keep our marriage, not only intact, but happy.

If you've messed up with an ex, due to any of the above screw ups, fear not...there is hope.

Below is a link to a great system called "The Magic of Making Up" that, if you want to, will give you an excellent chance of getting back with your ex. It may or may not be the best thing for you to do. I don't know. Only you can make that decision. But if it's something that you want, this book will help a lot.

Here is a link where you can access it.

[The Magic of Making Up](#)

Try it out, who knows, you might even get your ex back!

[CLICK HERE](#) to check it out now!

Personally speaking, having someone to share your life with is one of the most wonderful parts of being alive.

To your relationship success!

Leo Goodyear

<http://www.how-to-get-ex-back-now.com/>